

Po Kok Primary School

2023-2024

Plan on “One-off Grant for Mental Health of Parents and Students”

Name of activities	Aims	Targets	Expected Expense	Evaluation Methods
School-based materials for promoting mental health of parents and students	<ul style="list-style-type: none"><li>• Equip parents with the relevant knowledge and skills on mental health.</li><li>• Help parents play the important role in identifying early signs of children’s mental health problems.</li><li>• Foster parents’ understanding on the ways of stress management and promotion of physical and mental health, as well as the promotion of children’s positive mindset.</li></ul>	All parents	\$2,000	<ul style="list-style-type: none"><li>• Parents’ questionnaire</li><li>• Feedback of parents’ interview</li></ul>